

# Finding and Closing "The Gap"

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My Goal:

What is seen



Events

What events relate to my goal?

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Patterns of Behavior,  
Structures, and  
Mental Models

What is  
generally  
unseen

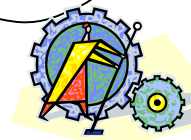


Patterns  
of  
Behavior



Structures

Mental  
Models



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## Gap Rubric

4. I have completely reached my goal, closing the gap. I know that this is the case because:

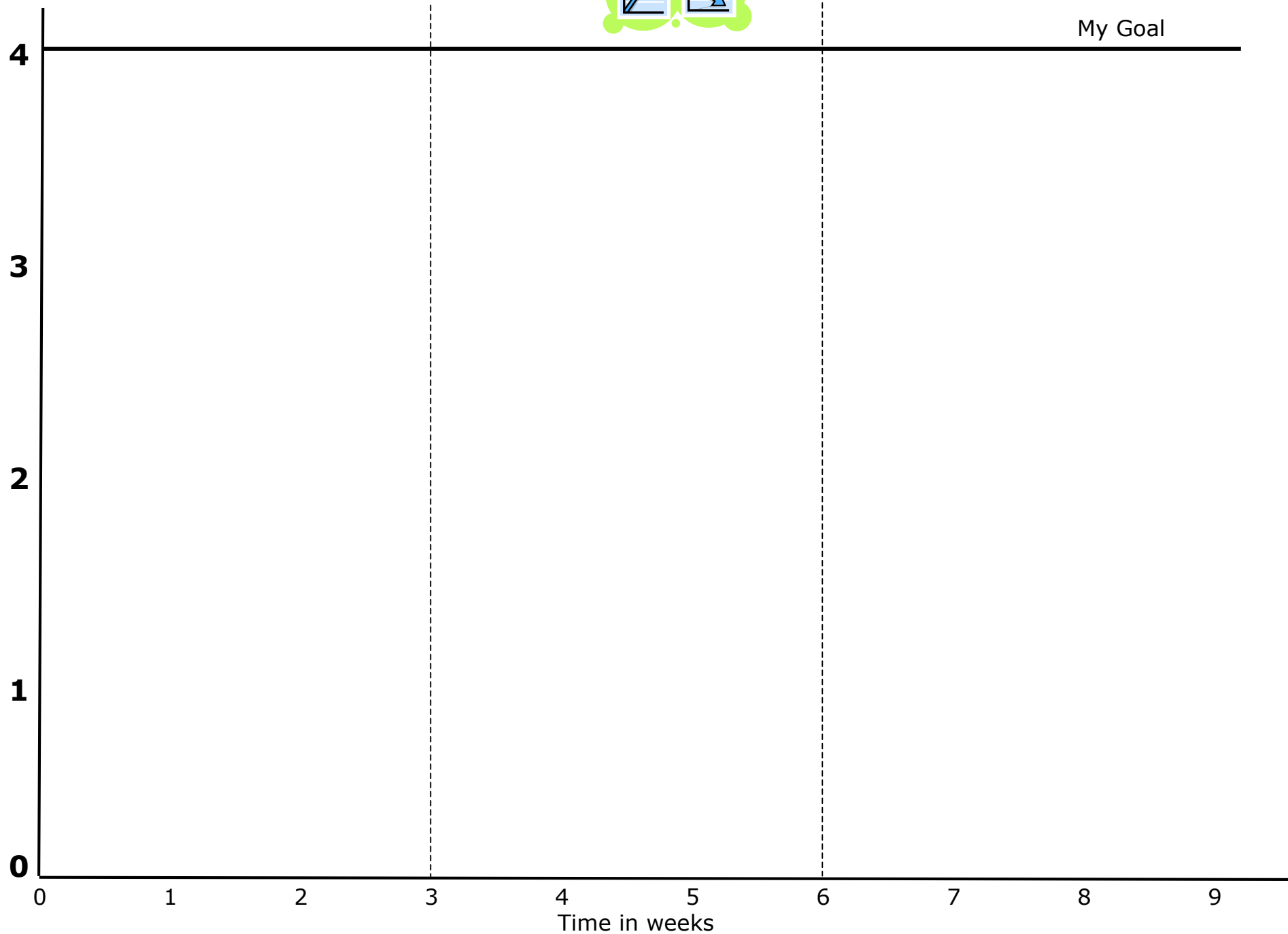
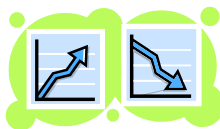
3. I'm almost there. Some signs that I'm close are:

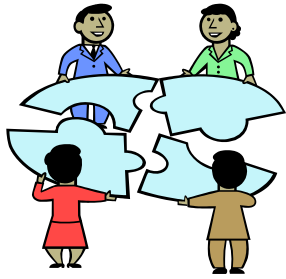
2. I'm almost halfway to reaching my goal. Some ways I can tell that I've made a lot of progress are:

1. I have made a little progress toward my goal. I notice this change because:

0. I have not yet made any progress toward my goal.

# My progress toward closing the gap



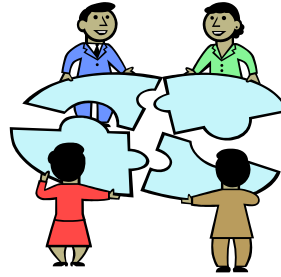


### **Underlying Structures That Affect My Ability To Close the Gap**

What has influenced the pattern of progress?

What personal routines, physical structures, and organization strategies affect my ability to close the gap?

What strategies are working and not working?



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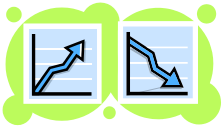
What strategies are working and not working?



## **Effort Rubric**

3. I worked hard on the task until it was completed. I pushed myself to continue working on the task even when difficulties arose or a solution was not immediately evident. I viewed difficulties that arose as a challenge that I could meet. I used resources available to me.
2. I worked hard on the task until it was completed. I pushed myself to continue working on the task even when difficulties arose or a solution was not immediately evident.
1. I put some effort into the task, but I stopped working when difficulties arose.
0. I put no effort into the task.

**My Effort**



**4**

**3**

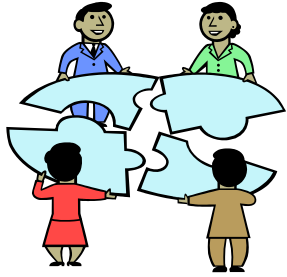
**2**

**1**

**0**

0 1 2 3 4 5 6 7 8 9

Time in weeks



### **Underlying Structures That Affect Effort**

What has influenced the patterns?

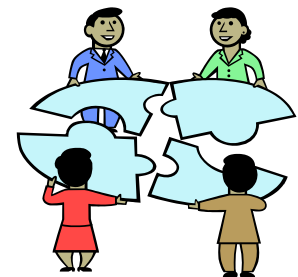
What personal routines, physical structures, and organization strategies affect my effort?



### **Underlying Structures That Affect Effort**

What has influenced the patterns?

What personal routines, physical structures, and organization strategies affect my effort?



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What has influenced the patterns?

What personal routines, physical structures, and organization strategies affect my effort?







# Mental Models

What beliefs and values do I have about my goal and gap?

How do these beliefs affect my effort and progress in reaching my goals?

